



**PERSONAL INFORMATION (PLEASE PRINT)**

|                                      |      |
|--------------------------------------|------|
| <b>PATIENT NAME:</b><br>(First/Last) | DOB: |
|--------------------------------------|------|

Street Address:

City, ST, Zip:

Primary Phone:

Email:

|   |   |             |
|---|---|-------------|
| Gender: <input type="checkbox"/> M <input type="checkbox"/> F | Marital Status: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> D <input type="checkbox"/> W | Occupation: |
|---|---|-------------|

|                    |        |
|--------------------|--------|
| Emergency Contact: | Phone: |
|--------------------|--------|

Who may we thank for referring you to our office?

**POLICIES**

You are important to us, and we appreciate the opportunity to serve in your healing process. To provide the best possible outcomes for all, we appreciate you reading and understanding our policies below:

**Cancellations and Missed Appointment Policy:** We are a small business with limited time and space. To serve potential patients and compensate for lost revenue, **we require a minimum of 24 hours’ notice.** If you are unable to keep your appointment, we respectfully ask that you provide a minimum of 24 hours’ notice. **The full appointment fee will be charged to you if you cancel or miss your appointment without 24 hours’ notice.**

**Insurance Policy:** Mosaic Healing Arts does not participate in any HMO or PPO network plans. You are solely responsible for checking your medical plan for coverage. Please be sure to check if your plan covers our services. For acupuncture sessions, we can provide a superbill receipt that may be used to obtain reimbursement from insurance carriers.

**Late arrival Policy:** Late arrivals result in delayed treatment for other patients. If you arrive more than 10 minutes past your appointment time, but still wish to be treated, you will receive an abbreviated treatment, and will be charged the full amount.

**Payment Policy:** Payment is due at the time of service. Payment is accepted in the form of cash, check, and credit/debit.

**NOTICE: By signing below, I authorize that I have read, understood, and agreed to the terms and conditions contained in the above policies:**

|                                   |  |        |
|-----------------------------------|--|--------|
| <b>PATIENT SIGNATURE AND DATE</b> | <b>X</b>                                       |        |
| (Or Patient Representative)       | (Indicate relationship if signing for patient) | (Date) |



## ARBITRATION AGREEMENT

**Article 1: Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or resort to court process, except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. An arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

**Article 2: All Claims Must be Arbitrated:** It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, as to whether this agreement is unconscionable, and any procedural disputes, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the healthcare provider, including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the healthcare provider and/or other licensed healthcare providers, preceptors, or interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the healthcare provider, including those working at the healthcare provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the healthcare provider, and/or the healthcare provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages. This agreement is intended to create an open book account unless and until revoked.

**Article 3: Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) and provide National Arbitration and Mediation ("NAM") with the party arbitrator's contact information within thirty days of the date Respondent files its initial responsive pleading. A third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties from a list of arbitrators supplied by National Arbitration and Mediation ("NAM") within thirty days thereafter. The list supplied by NAM shall be a list of between 5 and 10 arbitrators, depending upon availability. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's equal share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damages upon written request to the neutral arbitrator.

The parties' consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have a judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that, where not in conflict with this agreement, the Healthcare Malpractice Dispute Resolution Rules and Procedures of NAM shall govern any arbitration conducted pursuant to this Arbitration Agreement. A copy of NAM rules is available on its website at <https://www.namadr.com> or by calling 1-800-358-2550 to request a copy of the rules.

**Article 4: General Provision:** All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to the healthcare provider within 30 days of signature and, if not revoked, will govern all professional services received by the patient and all other disputes between the parties.

**Article 6: Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment), patient should initial here. \_\_\_\_\_. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

**NOTICE: BY SIGNING THIS CONTRACT, YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

Both parties agree that this agreement may be electronically signed, and that the electronic signatures appearing on this agreement are the same as handwritten signatures for the purposes of validity, enforceability, and admissibility.

**PATIENT SIGNATURE AND DATE** X  
(Or Patient Representative) (Indicate relationship if signing for patient) (Date)

**MOSAIC HEALING ARTS SIGNATURE AND DATE** X  
(Date)



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### INFORMED CONSENT TO TREAT

I understand that the integrated body wellness session provided by the practitioner is intended to enhance relaxation, increase communication within the areas of the body, and to educate me to possible energetic or emotional blocks that may be creating pain, discomfort or disease.

I understand that an integrated body wellness session is non-invasive, safe, and objective. It utilizes the body's own innate intelligence to reestablish communication within itself.

I understand that an integrated body wellness session is not a substitute for medical care or medications. I am aware that the practitioner does not diagnose illness or disease nor does the practitioner prescribe medications. I understand the practitioner strongly recommends immediate medical attention for any physically based conditions.

I understand that participation in an integrated body wellness session is always voluntary and that I may choose to end our participation. I understand that safety and care is ultimately my responsibility.

By voluntarily signing below, I confirm that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I agree with the current or future recommendations for care. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

If I have any questions or concerns, I will address these promptly with the practitioner.

I hereby authorize the practitioner to provide integrated body wellness sessions.

Both parties agree that this agreement may be electronically signed, and that the electronic signatures appearing on this agreement are the same as handwritten signatures for the purposes of validity, enforceability, and admissibility.

**PATIENT NAME (PRINT)**

**PATIENT SIGNATURE:**      **X**

(Or Patient Representative)

(Indicate relationship if signing for client)



## HEALTH HISTORY

**This confidential health history packet provides vital information and helps determine the best plan of care for you.  
 Please PRINT clearly and answer each question completely and to the best of your knowledge.**

**PATIENT NAME (PRINT):**

**Reason for your visit today:**

**STRESS LEVEL:** Please indicate your current stress level.

0            1            2            3            4            5            6            7            8            9            10

(Low) (High)

**PAIN ASSESSMENT:** Are you currently in any physical pain? Please indicate your current pain level.

0            1            2            3            4            5            6            7            8            9            10

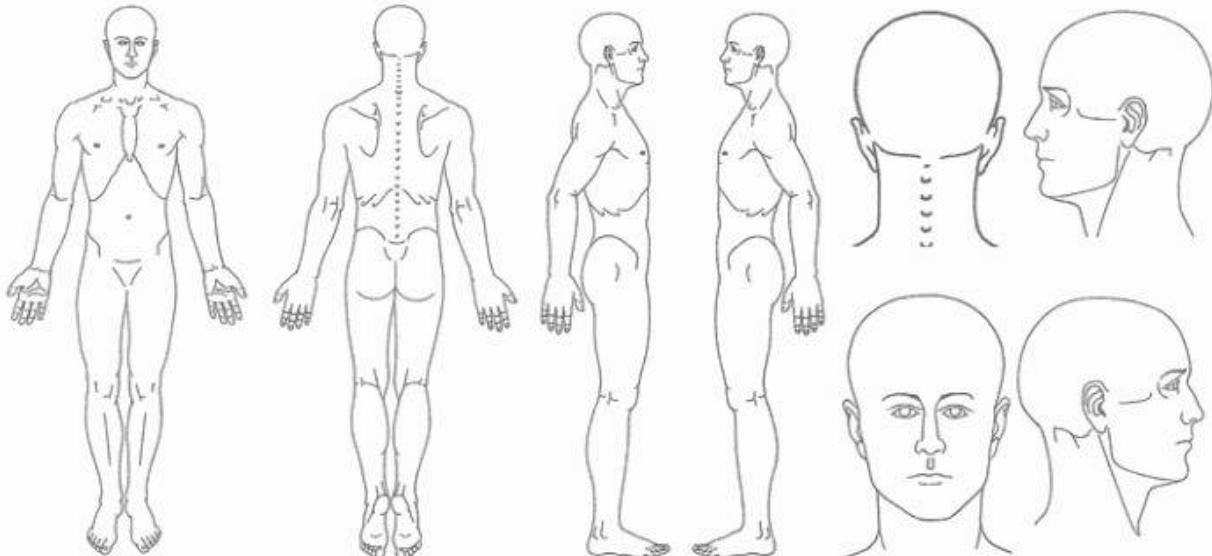
(Low) (High)

How long have you been in pain?

What seems to make pain better and/or worse?

Please mark painful or distressed areas accordingly on the diagram below:

| Pain Intensity |          |        | Swelling |          |        | Throbbing/Pulsing |          |        | Weakness/Temperature |     | Skin Issues |
|----------------|----------|--------|----------|----------|--------|-------------------|----------|--------|----------------------|-----|-------------|
| Slight         | Moderate | Severe | Slight   | Moderate | Severe | Slight            | Moderate | Severe | Weak                 | Hot |             |
| X              | XX       | XXX    | ^        | ^^       | ^^^    | O                 | OO       | OOO    | ~                    | +   | *           |





**CONDITIONS:** Check the appropriate box if you have ever experienced any of the following conditions.

- |  |  |
|--|--|
| <input type="checkbox"/> Adrenal (fatigue, insufficiency)                              | <input type="checkbox"/> Immune disorder (toxic exposures, vaccinations, etc.) |
| <input type="checkbox"/> Adverse reaction to medical treatment                         | <input type="checkbox"/> Kidney disorder                                       |
| <input type="checkbox"/> Allergies   | <input type="checkbox"/> Low blood pressure                                    |
| <input type="checkbox"/> Anemia  | <input type="checkbox"/> Organ transplant                                      |
| <input type="checkbox"/> Arthritis or rheumatism                                       | <input type="checkbox"/> Musculoskeletal disorder                              |
| <input type="checkbox"/> Artificial heart valves or joints                             | <input type="checkbox"/> Pacemaker   |
| <input type="checkbox"/> Bleeding disorder   | <input type="checkbox"/> Respiratory disorder                                  |
| <input type="checkbox"/> Blood disease   | <input type="checkbox"/> Rheumatic fever                                       |
| <input type="checkbox"/> Cancer or tumor   | <input type="checkbox"/> Scars or surgical sites                               |
| <input type="checkbox"/> Chemical dependency   | <input type="checkbox"/> Seizures/Epilepsy                                     |
| <input type="checkbox"/> Dental Procedures (root canal, wisdom tooth extraction, etc.) | <input type="checkbox"/> Skin disorders  |
| <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Special diet  |
| <input type="checkbox"/> Eating disorders  | <input type="checkbox"/> Stomach or intestinal disorder                        |
| <input type="checkbox"/> Eye disorders   | <input type="checkbox"/> Stroke  |
| <input type="checkbox"/> Gout  | <input type="checkbox"/> Thyroid disorder                                      |
| <input type="checkbox"/> Headaches   | <input type="checkbox"/> Transfusion (before March 1985)                       |
| <input type="checkbox"/> Heart disease   | <input type="checkbox"/> Tuberculosis  |
| <input type="checkbox"/> Hemophilia  | <input type="checkbox"/> Ulcer   |
| <input type="checkbox"/> Hepatitis, Jaundice or Liver disorder                         | <input type="checkbox"/> Urinary tract disorder                                |
| <input type="checkbox"/> Herpes  | <input type="checkbox"/> Venereal disease                                      |
| <input type="checkbox"/> High blood pressure   |  |

**Is there anything else we should know about your medical history?**

**MEDICATIONS & SUPPLEMENTS:** Please check the box to indicate what you are currently taking.

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Antacids                | <input type="checkbox"/> Hay fever medication | <input type="checkbox"/> Oral contraceptives |
| <input type="checkbox"/> Aspirin                 | <input type="checkbox"/> Herbs                | <input type="checkbox"/> Sleeping pills      |
| <input type="checkbox"/> Cold or Flu medications | <input type="checkbox"/> Ibuprofen            | <input type="checkbox"/> Tranquilizers       |
| <input type="checkbox"/> Diet pills              | <input type="checkbox"/> Laxatives            | <input type="checkbox"/> Vitamins            |

**Please list any medication(s) you are currently taking that is/are not listed above:**

**Please list any allergies to medications you have:**

**HABITS:** Please mark any of the habits listed below which apply to you. Mark an X for current habits. Mark a √ for past habits.

- |              |  |                                     |  |
|--------------|--|-------------------------------------|--|
| Tobacco use  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, # of cigarettes / day _____ | Age started: _____                           |
| Alcohol use  | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, # of drinks / week _____    | Age started: _____                           |
| Caffeine use | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, # of soda / day _____       | # of coffee / day _____ # of tea / day _____ |
| Drug use     | <input type="checkbox"/> Yes <input type="checkbox"/> No | If yes, Type(s)/Amount _____        | Age started: _____                           |





**SYMPTOMS:** Please check the appropriate boxes below for any symptoms you have recently experienced.

**HEAD & NECK**

- Head
- Fainting
- Neck stiffness
- Enlarged lymph glands
- Headaches
- Other:

**EARS**

- Infection
- Pain
- Ringing
- Decreased hearing
- Other:

**EYES**

- Blurred vision
- Visual changes
- Spots
- Eye inflammation
- Other:

**NOSE, THROAT, & MOUTH**

- Bleeding
- Sinus infection
- Hay fever or allergies
- Sore throat
- Difficulty swallowing
- Changes in taste
- Changes in smell
- Oral ulcers
- Other:

**SKIN**

- Hives
- Rashes
- Eczema
- Itching
- Night sweating
- Excessive sweating
- Dryness
- Bruise easily
- Changes in moles or lumps
- Other:

**RESPIRATORY**

- Chronic cough
- Coughing up blood
- Coughing up phlegm
- Difficulty breathing
- Wheezing/asthma
- Frequent colds
- Other:

**CARDIOVASCULAR**

- Palpitations
- Chest pain or tightness
- Rapid heartbeat
- Irregular heartbeat
- Cold hands/feet
- Swelling of ankles
- Phlebitis
- Other:

**GASTROINTESTINAL**

- Indigestion
- Bloating
- Stomach pain
- Diarrhea
- Constipation
- Poor appetite
- Excessive hunger
- Nausea
- Vomiting
- Vomiting blood
- Blood in stool or black stools
- Hemorrhoids
- Gall bladder disorder
- Recent change in weight
- Food cravings
- Other:

**NEUROLOGICAL**

- Seizures
- Tremors
- Numbness or tingling of limbs
- Paralysis
- Other:

**MUSCLE & JOINT**

- Joint disorder
- Sore or painful muscles
- Weak muscles
- Difficulty walking
- Spinal curvature
- Backache or pain
- Other:

**UROGENITAL**

- Pain/itching of genitalia
- Genital lesions/discharge
- Painful urination
- Frequent urination
- Excessive or scanty urination
- Blood in urine
- Diminished bladder control

Other:

**FEMALE**

- Frequent urinary tract infections
- Frequent vaginal infections
- Pelvic inflammatory disease
- Abnormal Pap smear
- Uterine fibroids
- Irregular periods
- Painful menstrual periods
- Premenstrual Syndrome
- Abnormal bleeding
- Menopausal symptoms
- Breast pain
- Breast lumps
- Nipple discharge
- Other:

1<sup>st</sup> day of last menstrual cycle:

Date of last Pap smear:

Are you pregnant?  Yes  No

Are you nursing?  Yes  No

Do you use birth control?  
 Yes  No

If yes, list type:

**MALE**

- Lumps in testicles
- Prostate problems
- Weak urinary stream
- Impotence
- Other:

**OTHER**

- Insomnia
- Frequent dreams/nightmares
- Anxiety
- Irritability
- Forgetfulness
- Depression
- Fatigue
- Decreased libido
- Feel hot or cold
- Aversion to heat or cold
- Fever and or chills
- Thirst
- Psychiatric treatment
- Other:

Please list any other symptoms not covered above: